

4th Annual Symposium Creating The Future Of Physical Therapy Now!

MUSCULOSKELETAL ULTRASOUND IMAGING REPORT WRITING

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AIUM

"THE AMERICAN INSTITUTE OF ULTRASOUND IN MEDICINE (AIUM) IS A MULTIDISCIPLINARY ASSOCIATION DEDICATED TO ADVANCING THE SAFE AND EFFECTIVE USE OF ULTRASOUND IN MEDICINE THROUGH PROFESSIONAL AND PUBLIC EDUCATION, RESEARCH, DEVELOPMENT OF PARAMETERS, AND ACCREDITATION."

INDICATIONS

Indications for MSK ultrasound include but are not limited to:

- A. Pain or dysfunction.
- B. Soft tissue or bone injury.
- C. Tendon or ligament pathology.
- D. Arthritis, synovitis, or crystal deposition disease.
- E. Intra-articular bodies.
- F. Joint effusion.
- G. Nerve entrapment, injury, neuropathy, masses, or subluxation.
- H. Evaluation of soft tissue masses, swelling, or fluid collections.
- I. Detection of foreign bodies in the superficial soft tissues.
- J. Planning and guiding an invasive procedure.
- K. Congenital or developmental anomalies.
- L. Postoperative or postprocedural evaluation.
- M. Joint laxity, stiffness, or decreased range of motion.
- N. Malalignment.
- O. Sensory deficits or paresthesias.
- P. Motor weakness.

MSK ultrasound examination should be performed when there is a valid medical reason. There are no absolute contraindications.

COMPLETE (76881) OR LIMITED EXAM (76882)

Complete exam- Complete assessment of the joint or anatomic region

Evaluation of the joint, synovium, bone, muscles, tendons, tendon sheath, ligament, fascia, capsule, other supporting structures

Limited Exam- Specific anatomic structure

As applicable, structures should be imaged in more than one plane.

Measurements of abnormal structure in 2 orthogonal planes

SOFT TISSUE MASS EVALUATION

Scan in both long- and short-axis planes.

Ultrasound is an excellent method to differentiate solid from cystic masses.

The mass should be measured in 3 orthogonal dimensions

Evaluate its relationship to surrounding structures, particularly joints, neurovascular bundles, and tendons

Compressibility of the lesion should be evaluated.

A color or power Doppler evaluation will help delineate whether the mass has internal vascularity.

ELEMENTS OF REPORT

- Patient Name
- Age
- Gender
- Date of Exam
- Reason for the exam ICD 10 code
- Name of referring provider
- Location of Ultrasound facility & contact information

Commonly used anatomic measurement

Any limitation of the study (e.g. body habitus, high BMI, post surgical)

- Comparison with prior imaging (if available)
- Variations from normal size should be accompanied with measurements
- Images labeled with patient identification, date, side (Rt/Lt) of anatomic site

Normal & Abnormal images

Impression/conclusion/interpretation

REPORTING OF ULTRASOUND-GUIDED PROCEDURES

Documentation of the informed consent communication between the provider and the patient concerning the procedure

The final report must contain the following:

- Patient's name and other identifying information.
- Facility's identifying information.
- Performing provider/interpreting physician identifying information.
- Pertinent clinical information, including indication for ultrasound guidance.
- Documentation of informed consent.
- Date and time of the ultrasound guidance of the procedure.
- Specific ultrasound-guided examination performed,
- Description of the target and relevant associated structures, both normal and abnormal, if clinically applicable.

• Description of the use of ultrasound to localize the target and the essential elements of the procedure,

Needle/device type and gauge.

- Number of passes performed.
- Name of medication(s) injected and amount used (if applicable).
- Specimen type and amount removed if any, as well as its disposition.
- Complications.
- Recommendations for follow-up imaging.

NEW REPORT TEMPLATE REVIEW

ROTATOR CUFF TEARS- PARTIAL

There is a partial thickness tear of the bursal (or articular) surface (or intrasubstance) of the anterior aspect of the supraspinatus tendon which measures 2mm in longitudinal section and 3 mm in transverse section.

There is a partial thickness articular sided tear of the supraspinatus tendon lying 2 mm posterior to the rotator interval. It measures 3 mm in width and extends over (or under) 50% of the tendon depth. The remainder of the tendon has reasonable depth and texture.

The supraspinatus tendon has heterogenous hypoechoic appearance which is consistent with tendinopathic changes without the evidence of increased vascularity on color US

FULL THICKNESS TEARS

There is a incomplete full thickness tear of the supraspinatus tendon. The tear measures 2 mm in width and there is 3 mm retraction from the insertion.

There is a complete, full thickness tear of the supraspinatus tendon with proximal retraction of mm from the insertion

There is a complete, full thickness tear of the supraspinatus tendon. The retracted tendon end is not visualised. Cuff arthropathy noted.

SUBACROMIAL BURSA

The subacromial/subdeltoid bursa with effusion. The wall is hyperaemic on power Doppler. The patient is tender to scan here and appearances are consistent with bursitis.

CALCIFIC DEPOSIT

A 2 mm intratendinous calcium deposit is noted within the ant/mid/post aspect of the supraspinatus tendon

•There is a 5 mm calcific deposit within the supraspinatus tendon causing posterior shadowing.

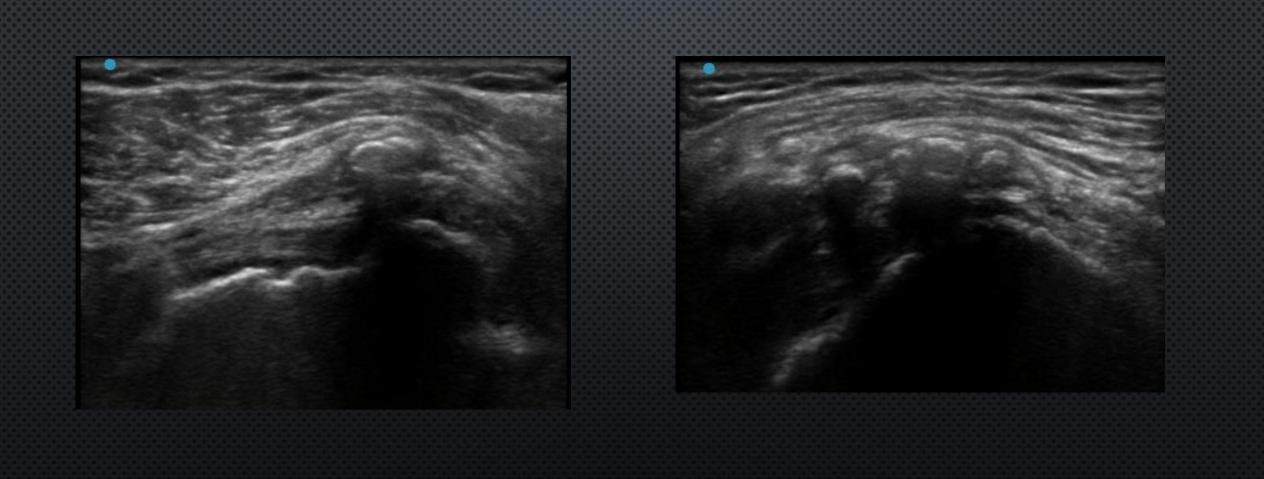
•There is a 3 mm non-shadowing deposit within the supraspinatus tendon likely to be soft calcific tendinopathy.

•There is evidence of multiple calcific deposits in the rotator cuff tendons. The largest area of calcification in the supraspinatus tendon measures 7 mm in diameter and the patient is tender on scanning.

46 year old female with complaints insidious onset of right shoulder pain US exam shows calcific deposit in the supraspinatus tendon without evidence of hyperemia on color doppler US

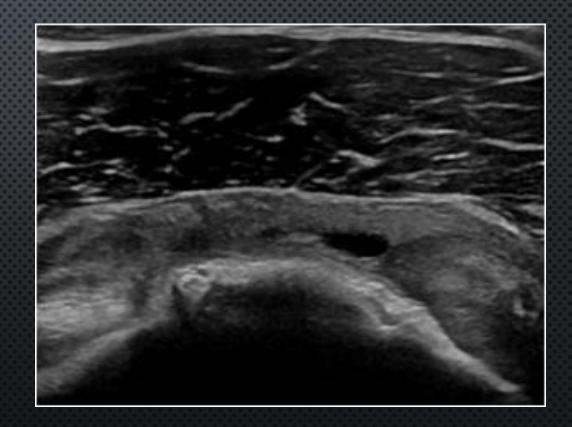
5mm

Anterior shoulder pain with painful and mildly limited internal rotation

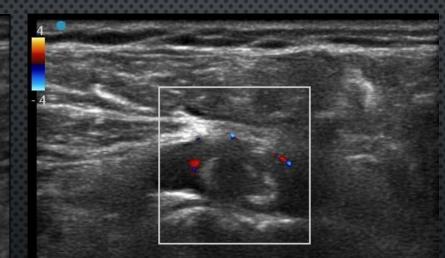




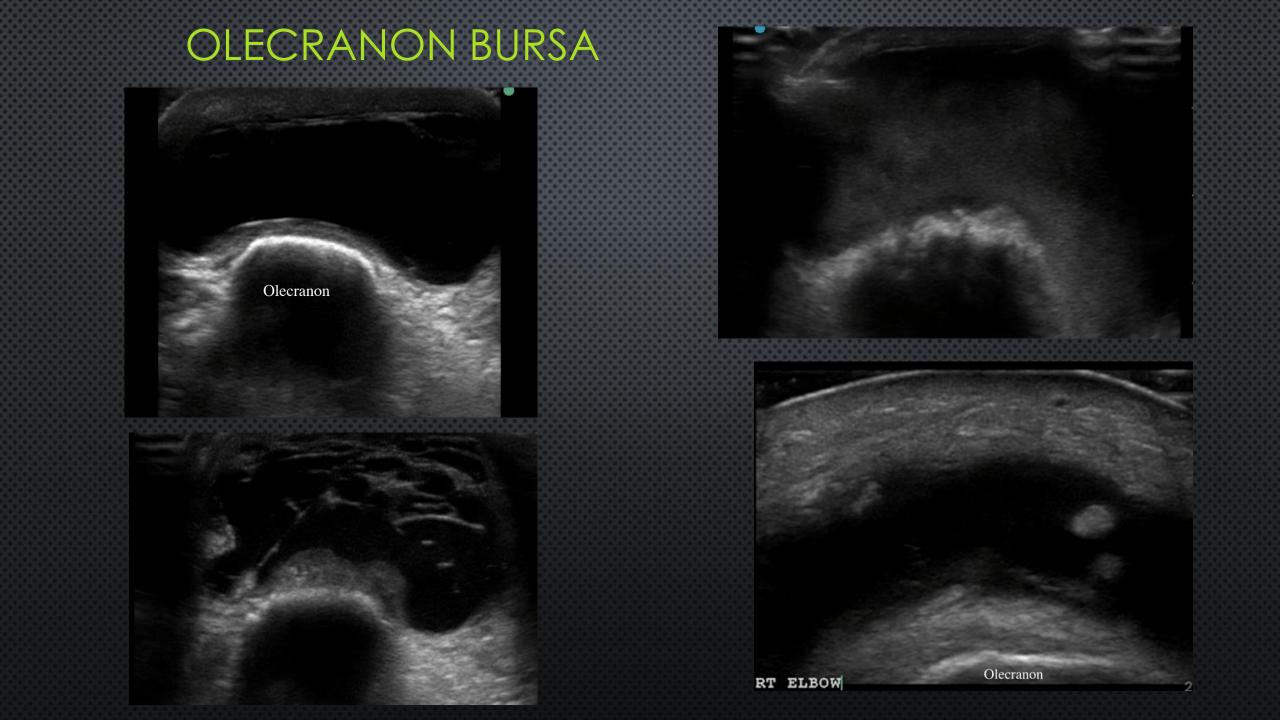




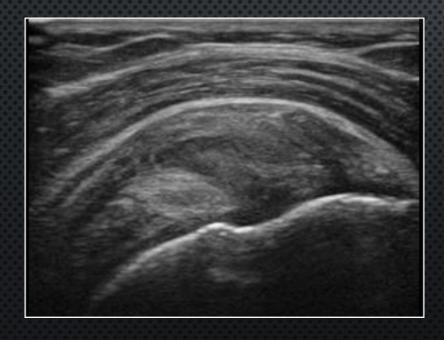
Complaints of pain of right shoulder which are localized anteriorly with tenderness to palpation in the bicipital groove

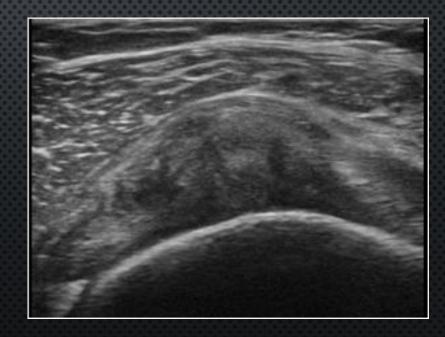


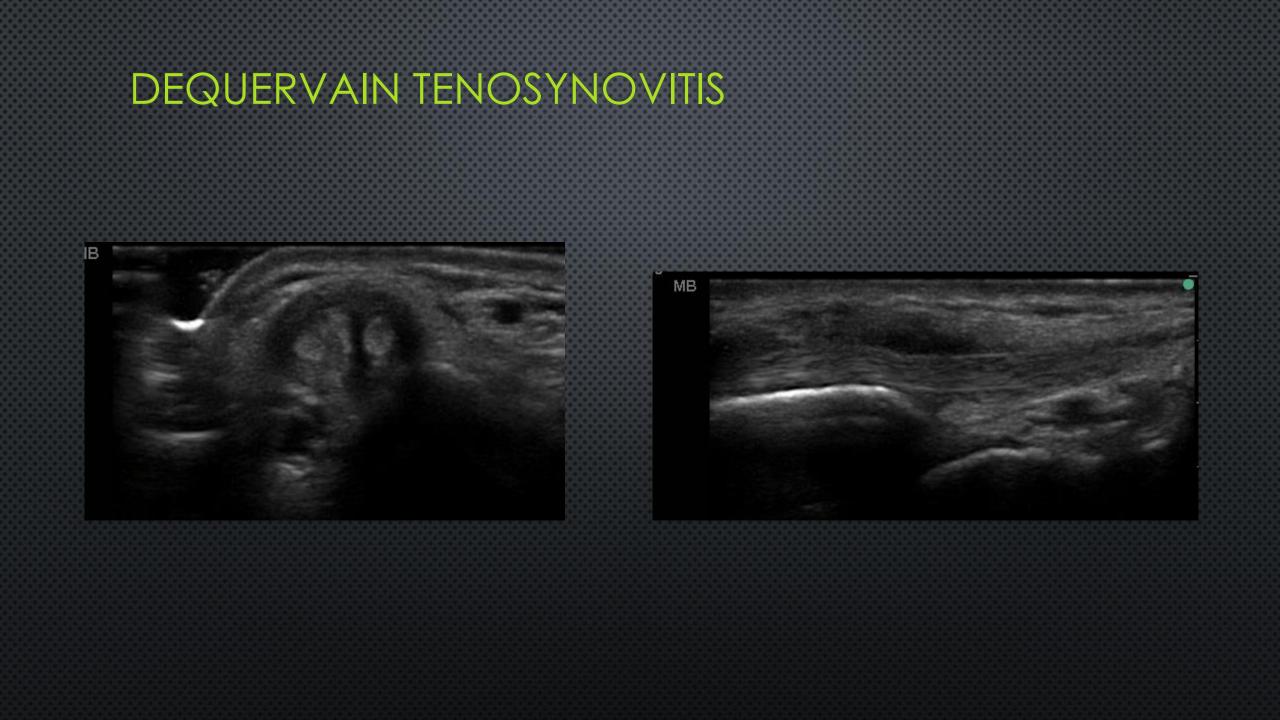




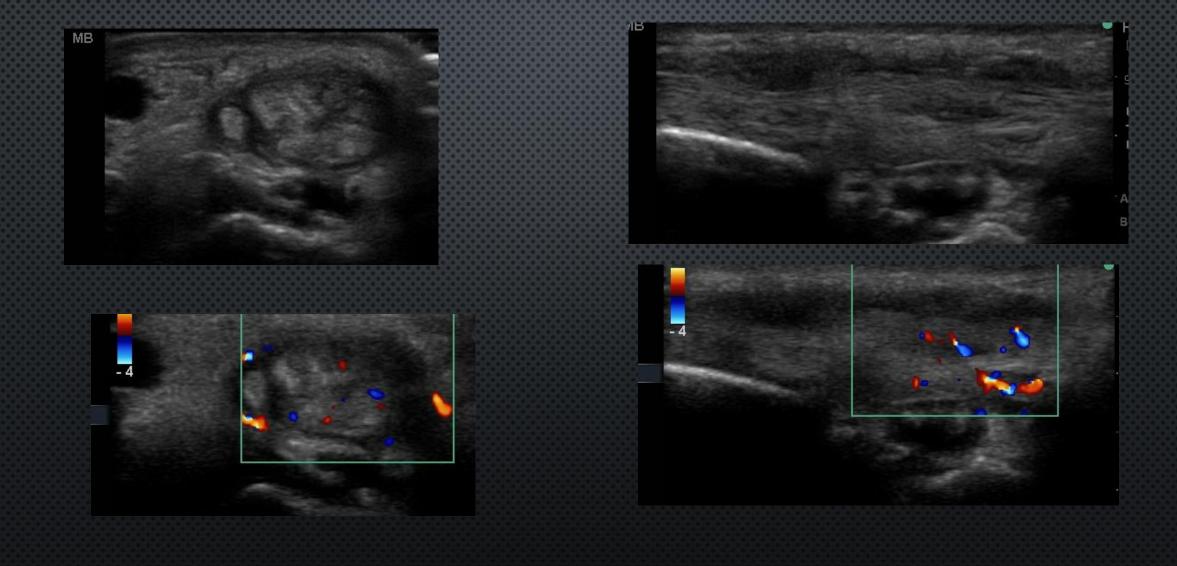








FIRST DORSAL COMPARTMENT



TRIGGER FINGER

